



2020 Annual Fall Conference

November 12-13, 2020

The **Colorado Society of School Psychologists** invites you to our virtual fall conference **November 12th & 13th** from the comfort of your preferred location by Zoom. This year's program will focus on an expansive view of the role of school psychologists, covering timely topics, emphasizing social justice and advocacy.

NASP & CDE Approved CPDs

The Colorado Society of School Psychologists (CSSP) is approved by the National Association of School Psychologists (NASP) to offer continuing education for school psychologists (approved provider #1032). CSSP maintains responsibility for the program. All CSSP approved hours are valid towards CDE license renewal.

Registration Fees

	Regular Members	Student Members	Non-Members
Thursday Only	\$50	\$25	\$100
Friday Only	\$50	\$25	\$100
BOTH Thursday & Friday	\$80	\$40	\$175

Conference Schedule

Thursday, November 12th	12:00-12:30 pm	Welcome
	12:30-2:00 pm	Stress, Distress, and Resiliency During the COVID-19 Pandemic and Racial Injustice Erica Stetson, Ph.D. & Janise McNally, Ed.S.
	2:00–2:30 pm	Awards and Announcements
	2:30-4:00 pm	Preventing Extremist and Targeted Violence in Schools Using an Intervention Approach Jenny Presswalla, M.A. & Rachel Nielsen, Psy.D.
Friday, November 13th	12:00-12:30 pm	Welcome
	12:30-2:00 pm	School Psychologists and the Myth of a Post-Racial American Society: Implications for Practice, Policy, Justice, and Equity Charles Barrett, Ph.D, NCSP
	2:00–2:30 pm	Announcements
	2:30-4:00 pm	Legal and Ethical Issues in Special Education Practice Kathleen Sullivan, J.D.



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Stress, Distress and Resiliency During the COVID-19 Pandemic and Racial Injustice

Erica Stetson, Ph.D. & Janise McNally, Ed.S.

Stress in and of itself is not a bad thing, but the overwhelming stress created by conditions associated with the COVID-19 pandemic and racial injustice has led to vulnerability in many students and educators. In this presentation, you will learn the neurobiology underlying the body's stress-response capabilities, and how the pattern and nature of stress, as well as the supports and skills used, determine if it results in building resiliency or creating vulnerability. You will learn the science behind brain-based strategies for cultivating resiliency, managing stress, anxiety, and other strong emotions, and increasing the capacity to focus in the midst of a pandemic and racial injustice. The pandemic has not just impacted students, but educators as well. Finally, as mental health providers, we need to care for ourselves and manage our own stress in positive ways.

Preventing extremist and targeted violence in schools using an intervention approach

Jenny Presswalla, M.A. & Rachel Nielsen, Psy.D.

The presentation will inform school psychologists about extremism trends and how to respond using a prevention and intervention approach in their schools. School psychologists will learn how to recognize extremist narratives, extremist movements in the United States that students may encounter, indicators of radicalization, risk factors for extremist violence, and resources to assist with intervention, including case consultation from the University of Denver.

School Psychologists and the Myth of a Post-Racial American Society: Implications for Practice, Policy, Justice, and Equity

Charles Barrett, Ph.D, NCSP

The United States continues to become an increasingly diverse and less homogenous society. As a consequence of these demographic trends, the students, families, schools, and communities that school-based mental health providers and other staff serve are becoming more heterogeneous, which presents extraordinary learning opportunities for developing more informed and effective practices. Although uncomfortable and unsettling for some, all educators must develop an appreciation for their students' and families' unique histories through the lens of race. Consistent with Bronfenbrenner's ecological perspective (Bronfenbrenner, 1969), educators must recognize the injustices that diverse groups have been subjected to, and in some ways, continue to experience, within various contexts (e.g., community and country). After briefly surveying the correlation between racialized experiences and negative outcomes for Indigenous American, African American, Asian American/Pacific Islander, and Latinx students and families, this session will offer practical implications for practice and policy to promote equity and justice.

Legal and Ethical Issues in Special Education Practice

Kathleen Sullivan, J.D.

Participants will learn about recent changes to statute and regulation and recent cases that impact school psychologists and public educators. Participants will identify and discuss legal and ethical issues that arise in working with students with disabilities and their families, including those presented by the ongoing pandemic. This session will focus on positive and practical ideas for professional practice that advocates for equity for people with disabilities. Participants will understand recent changes to statutes and regulations that impact school psychologists. Participants will practice problem-solving issues that arise in the field, including identifying legal and ethical challenges.